

Learning About Your Personal Makeup

Please take a moment to review the following chart. For each item select the trait that best describes you— number 1 being most like the trait on the left hand side, the number 5 being most like the trait on the right hand side. Select the behavior that reflects who you naturally are, not what would be expected of you by someone else.

Add up the total of each section and enter the sum total in the appropriate boxes (X and Y). Turn to the following page and complete the process.

How do I handle things?

<i>I lean toward</i>	Evaluating the options	1 2 3 4 5	Making prompt decisions
<i>I enjoy</i>	Trying new things	1 2 3 4 5	A set agenda
<i>When I wake up, I like to</i>	Allow my day to unfold	1 2 3 4 5	Plan my day
<i>During my free time I tend to</i>	Be spontaneous	1 2 3 4 5	Have a plan
<i>When plans change, I typically</i>	Go with the flow	1 2 3 4 5	Get frustrated
<i>Maintaining a budget</i>	Is difficult	1 2 3 4 5	Is enjoyable

How do I handle things? X =

How am I motivated?

<i>When asked to get involved, I am more interested in</i>	What I need to do	1 2 3 4 5	Who else will be involved
<i>I like to</i>	Do	1 2 3 4 5	Talk
<i>I would rather</i>	Complete something	1 2 3 4 5	Help someone

SAMPLE

